



Happy Halloween!

It's the season for candy corn, apple cider and costumes of all kinds...

Check out this great [article](#) about ways to help make Halloween more inclusive.



Listen in: Podcast from disability inc.

Check out this thoughtful [podcast](#) series... The latest topic is Advocacy, Activism, and the Future, including a conversation that explores the current state of activism and leadership at a time when hard-won rights seem increasingly vulnerable.

"Halloween was confusing. All my life my parents said, 'Never take candy from strangers.' And then they dressed me up and said, 'Go beg for it.' I didn't know what to do! I'd knock on people's doors and go, 'Trick or treat... No, thank you.' "

— [Rita Rudner](#) (comedian, born 1953)

Fun Finds / Resources

• Inspired by her son with muscular dystrophy, who just wanted to wear jeans to school that could accommodate his leg braces, Mindy Scheier founded the Runway of Dreams Foundation that creates adaptive clothing for people with disabilities. Learn more [here](#).

• "Design a city that works for a 90-year-old and 9-year-old, and you will design a city that works for everyone." It takes a commitment to improve and partners working together to make cities accessible and inclusive for everyone... great article [here](#).



Thanks for reading,
Your friends at Ride Designs

P.S. If you somehow missed the last newsletter... the most-viewed story was about Richard Corbett who make videos for newly-injured wheelchair users to help them improve their quality of life -- although pretty much anyone can learn something from his frank talk and enthusiastic demonstrations. Check out the channel [here](#).



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