



## Managing (and celebrating) the holidays



We recognize that the holidays will be challenging this year in nearly every way... from how we choose to celebrate, to how we navigate restrictions in our own communities, to how we can best stay healthy, yet connected, to those we love. A tall order, but we feel confident that creative thinking will help us get through to better times. We're thankful that treatments and vaccines are on the horizon.

If you're looking for the latest guidance...

- The Center for Disease Control has issued [guidelines for holiday celebrations](#).
- Principles and ideas about decision making regarding the holidays are included in this [article](#) for Forbes by disability advocate Andrew Pulrang.
- Ideas about coping with holiday stress are [here](#).



## A moving tale (tail?!)

Getting notes like this, from veterinary medicine student Bernard Dime, is what makes our efforts worthwhile -- we are grateful to all of you who use our wheelchair seating products!

"Ride Designs is the epitome of a company that cares. Throughout my journey as a paraplegic and bilateral amputee, I dealt with some extremely serious skin complications. Moving to a Custom 2 Cushion and Custom Back was the difference between reaching my potential in full health and taking a back seat to medical issues. I simply would not be where I am today without Ride Designs."

— Bernard Dime  
4th Year Veterinary Student, Colorado State University,  
College of Veterinary Medicine



**“Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.”**

— [Oprah Winfrey](#)

# Fun Finds / Resources

• As poet and playwright Neil Marcus wrote, "Disability is not a brave struggle or 'courage in the face of adversity.' **Disability is an art. It's an ingenious way to live.**" Check out this [article](#) about disability and the power of patience as a business asset.

• **"In the wheelchair, I'm luggage..."** A compelling [interview](#) with actor Michael J. Fox.

• This week's **"Stand Up for Heroes"** benefit hosted by Jon Stewart with performances by Bruce Springsteen and Brad Paisley, among many others, is now available to watch [online](#).

Thanks for reading,  
Your friends at Ride Designs



**P.S.** If you somehow missed the last newsletter, the most viewed item was an article about how the Ride Custom AccuSoft Cushion has now become a staple in Ride's range of wheelchair seating solutions. It's a softer, more forgiving custom cushion option, learn all about it [here](#).



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