



## Cold weather concerns

Studies show that people who use wheelchairs often decrease their community participation in cold weather because of environmental and equipment barriers.

Don't let your cushion become an excuse for not getting out this season. Ride's wheelchair seating cushions perform consistently even when exposed to extreme temperatures.

Read about a temperature and pressure demonstration done with the Ride Forward Cushion [here](#). And learn about how Ride cushions manage heat and moisture when you're inside by the fire [here](#).



Enjoy the little things...  
for one day you may look back and realize they were the big things.

— [Robert Brault](#)

## Fun Finds / Resources

- The secret behind some Paralympic athletes' strength and conditioning, outlined [here](#).
- "People with physical disabilities are among the most vulnerable to climate change, yet scant attention has been paid to their unique challenges"... Check out this article in Scientific American [here](#).
- A call to action as the busiest travel time of the year begins: Paralyzed Veterans of America urges the public to support their fight to ensure safe and accessible air travel for all. Details [here](#), including links to reports on mishandled wheelchairs and scooters by airline.



Thanks for reading,  
Your friends at Ride Designs



**P.S.** If you somehow missed the last two newsletters... the most-viewed story was about Richard Corbett who make videos for newly-injured wheelchair users to help them improve their quality of life -- although pretty much anyone can learn something from his frank talk and enthusiastic demonstrations. Check out the channel [here](#).

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