



## We've got your back

A properly selected and fitted back support can help you maintain your balance and best position on your cushion, resulting in stability needed for increased freedom of movement and independence. Accurate support of the trunk can also help reduce the stresses of pressure and shear on your cushion, contributing to good skin outcomes.

Plus, all Ride Designs' wheelchair backs are designed with comfort, durability, lightweight support, and breathability in mind. Insist on Ride products—ask your Ride Designs' certified provider to assist in selection and fitting.



Shown here, designed specifically for pediatric users (or very narrow adults), the Java Decaf Back's patented bio-mechanical design provides the flexibility to accurately fit both the trunk and pelvis for support, comfort and enhanced mobility. The highly adjustable hardware and personalized contour at the pelvis help to provide balanced support and freedom of movement.



## The battle continues... help protect access to complex rehab technology (CRT)

The 25th anniversary of the signing of the Americans with Disabilities Act in 2015 highlighted the continued need to fulfill the promise of that legislation.

Check out these videos to review how important it is that Congress and other policy makers take action to protect, not compromise, access to CRT for those who rely on it.



To help advocate for continued access to CRT, visit [www.protectmymobility.org](http://www.protectmymobility.org) and send an email to your Members of Congress to ask that they cosponsor H.R. 2293 / S. 1223 (the Complex Rehab Wheelchair bill) and H.R. 2408 (the

Separate Benefit Category bill). Then share the link with associates, family, and friends and encourage them to do the same!

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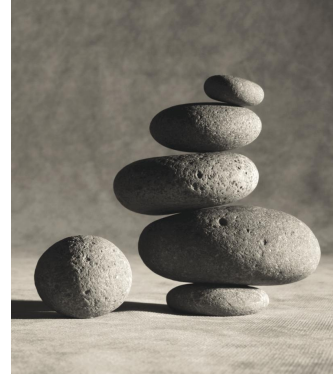
“Summer afternoon, summer afternoon; to me those have always been the two most beautiful words in the English language.”

— Henry James (author, 1843-1916)

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## Fun Finds / Resources

• **Calm focus:** "Meditation can have wide-ranging benefits for individuals recovering from spinal cord or brain injuries at a physical and psychological level," concludes an [article](#) from Craig Hospital. Want to try it? Author Ina Schakaraschwili includes three and five minute recorded meditations, in both English and Spanish.



• **Stellar performance:** "It's hard to overstate the significance of this moment," writes civil rights advocate Judy Heumann of Ali Stroker, who became the first actor who uses a wheelchair to win a Tony award for her starring role in Oklahoma! on Broadway. Read Heumann's analysis and watch Stroker's acceptance speech [here](#).

• **The changing job market:** "With unemployment at a nearly 50-year low, companies are struggling to find workers. And that means people who had trouble finding a job in the past are suddenly in demand. That includes people with disabilities." A report from NPR's Scott Horsley, [here](#).

Thanks for reading,  
Your friends at Ride Designs



**P.S.** If you somehow missed the last newsletter... the most-viewed story was about staying cool and how Ride's cushion designs are optimized to help [manage heat and moisture](#).

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