

This New Year, I resolve to stop apologizing for my disability

"As a wheelchair user, and especially as a female wheelchair user, I have been taught in subtle ways throughout my life that I should take up as little space as possible," from an essay by Sarah Marks; read it [here](#).



Online product availability

Ride Designs has recently partnered with the online [Spinlife®](#) platform to offer the [Forward Cushion](#) and the [Java Cushion](#). If you need a second Forward or Java Cushion, or a replacement cover... ordering from Spinlife may be a good solution.

Remember, initial clinical wheelchair seating evaluations and regular follow-ups are an important

part of on-going care.

“Tell me, what is it you plan to do
with your one wild and precious life?”

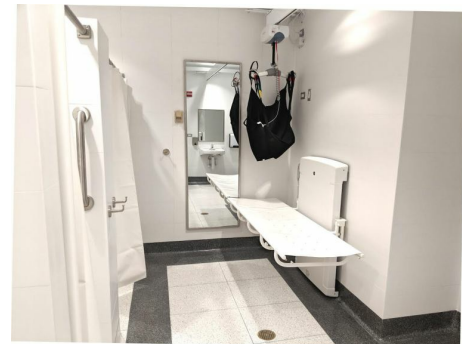
— [Mary Oliver](#) (American poet, 1935-2019)

Fun Finds / Resources

- New O'Hare airport restroom in Chicago is more accessible than any other in U.S., officials say. Check it out [here](#).

- "I'm not bound to a wheelchair; I was freed by one"... A story of awakening to the freeing power of mobility devices, [here](#).

- Exciting mobility design ideas... New Mobility magazine reviews the [finalists](#) in the three-year Mobility Unlimited Challenge including teams working on projects ranging from an autonomous mobility vehicle booking service, to a next-generation exoskeleton, to a smart-technology infused manual wheelchair that could represent the future of the category.



Thanks for reading,
Your friends at Ride Designs

P.S. If you somehow missed the last newsletter... the most-viewed story was about a New York City photographer gets an



education in the social and legal discrimination that people with disabilities face. Read about his experiences and see the photo essay, "Revelations in a Wheelchair," [here](#).

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