



Here's to holiday celebrations!

We recognize that the holidays may be different this year in nearly every way -- here's to creating new traditions and making the most of the holidays, however you celebrate.

A few resources / ideas:

- LifeHack offers some fun, yet non-traditional ways to celebrate, [here](#).
- Tiny Desk video performances has put together a [playlist of holiday concerts...](#) musically diverse and fun to watch.
- Favorite holiday traditions typically help us find joy and meaning... NPR checked in with medical researchers to highlight ways we can celebrate safely, [here](#).
- Planning celebrations and activities might take some extra imagination this year... potential ideas [here](#).
- The Center for Disease Control has issued their [guidelines for winter holiday celebrations](#).



“Kindness is like snow
It beautifies everything it covers.”

— Kahlil Gibran

Resources/news

- Amtrak will make big changes at over 100 train stations across the US to ensure that 30 years after the passage of the ADA, people with disabilities can finally access its rail network. Article from Disability Scoop, [here](#).



- Technology isn't just about geeking out over the newest gadget. For many wheelchair users, it's a path toward greater independence. Here are some of the [latest developments](#), from New Mobility magazine.

Happy Holidays!
Thanks for reading,
Your friends at Ride Designs



P.S. If you somehow missed the last newsletter, the most viewed item was an article about how the Ride Custom AccuSoft Cushion has now become a staple in Ride's range of wheelchair seating solutions. It's a softer, more forgiving custom cushion option, learn all about it [here](#).

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