



## Racing back

"My biggest challenge was just trying to get back to the life I lived before... adapt, and figure out what I could still do and what I couldn't do, and just move forward."

Get out to the track with David Trujillo...

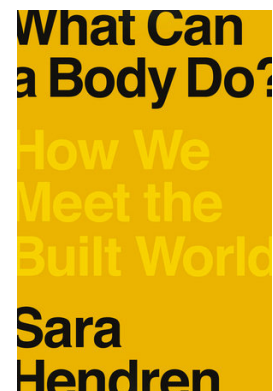


## On our reading list...

In her new book, "What Can a Body Do?," author Sara Hendren offers a series of stories drawn from the lived experience of disability and the ideas and innovations that have emerged—from cyborg arms to customizable cardboard chairs to deaf architecture.

*"Tools are not just the body's extras, for moments of special assistance. They are the amplification of the body itself."*

Rethinking the things and settings we live with, Hendren wonders: What might assistance based on the body's stunning capacity for adaptation—rather than a rigid insistence on "normalcy"—look like? Can we foster interdependent, not just independent, living? How do we creatively engineer public spaces that allow us all to navigate our common terrain? Learn more [here](#).



## Jenny, advocacy and Unite4CRT

Jenny Siegle was awarded the NRRTS Consumer Advocate of the Year Award during the Unite4CRT Town Hall Meeting on July 28th. (That masked man in the photo, surprising Jenny while she was hosting the town hall online, is Ride CEO Tom Hetzel.) A sports producer and huge Colorado Rockies fan, you may have seen Jenny modeling in some of Ride's photography over the years.



Jenny helped to form the new coalition, [#Unite4CRT](#), and has been a driving force in planning the monthly town hall meeting topics and discussions. As host of the meetings, Jenny's warm and welcoming personality encourages discussion among a diverse audience.

The group's mission is to bridge the gap between the perception and the reality of living with a disability. Consider [joining the next meeting](#) on August 25 at 7pm ET, "Stay Calm and Travel On: Driving Considerations for Wheelchair Users."

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**“Don't be pushed around by the fears in your mind.  
Be led by the dreams in your heart.”**

— [Roy T. Bennett](#)

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## Fun Finds / Resources

- Universal design might be much older than we think... a study suggests ramps found at ancient sites may have been used by people with disabilities, but some scholars remain skeptical, per Smithsonian magazine, [here](#).
- "I never saw any wheelchairs in paintings... that were portrayed as something that was beautiful or empowering." Check out this [podcast](#) with artist/disability advocate Gordon Sasaki about his work, navigating the art world and the streets of New York, the changes the ADA has brought to his life, the work left to be done and his service dog, Maki.
- A primer on wheelchair design adaptations for different sports from Popular Science, [here](#).

Thanks for reading,  
Your friends at Ride Designs



**P.S.** If you somehow missed the last newsletter, the most viewed article was about a quick video, made in early 2020, and intended to highlight what happens behind the scenes here at Ride. Looking at the video now, we're struck by all the smiles that we miss seeing on a daily basis due to current Covid-19 mask protocols. Enjoy the tour -- and keep smiling, even if it's hidden by a mask these days! Learn more about the Ride Experience [here](#).

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