



Name _____

Instructions for use of your Ride Custom Cushion (RCC)

▶ You are responsible for your skin!

WARNING: All Ride Designs cushions are designed to help reduce the incidence of pressure sores. However, no cushion can completely eliminate sitting pressure or prevent pressure sores. Ride Designs cushions are not a substitute for good skin care including proper diet, cleanliness, and regular pressure relief techniques.

WARNING: These instructions do NOT replace the Ride Custom Cushion owner's manual. Safe application of this information depends on its use in conjunction with the Ride Custom Cushion owner's manual. Failure to heed the instructions contained in the Ride Custom Cushion owner's manual could result in serious injury.

Transferring onto the Ride Custom Cushion

1. Use proper and safe transfer techniques.
2. Make sure your pelvis is positioned as level and far back in the RCC as possible.

If a tilt-in-space wheelchair is being used, tilt the system back to allow gravity to help position the pelvis.

3. Bring wheelchair to upright position, lean forward and straighten clothes to remove any wrinkles.

NOTE: Clothing wrinkles can result in skin breakdown and discomfort.

Initial wearing schedule

It is advisable to sit on the RCC for short periods of time at first, beginning with ____ minutes. Visually check any area that contacts the cushion after each period of use. Any reddened area should fade within 10 - 20 minutes. Contact your provider if the redness persists for greater than 20 minutes. As long as skin inspections do NOT show red areas persisting more than 20 minutes, extend the length of sitting time gradually (1/2 to 1 hour each day). Continue skin checks after each increased sitting time. Two to four hour periods are the general

recommended maximum time in the sitting position. Skin checks should be made no less than daily, even after skin tolerance is established. Ride Designs recommends a three minute pressure relief every 30 minutes by doing a push-up, full tilt-in-space or other technique as proven by you and your care providers.

Care/Maintenance

Wash the cushion and cushion covers separately according to the care and maintenance instructions in your Ride Custom Cushion Owners Handbook.

Follow-up

It is recommended to have the RCC checked for proper fit and function at least annually (every six months for children).

If any problems or concerns arise, please call your provider.

Provider Name _____

Provider Phone _____

I have read, and understand, the above directions.

▶ _____
Client or representative signature

Date

▶ _____
Certified Ride Designs Provider signature

Date

▶ **Ride Designs®**
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