



# Announcing Ride Designs' Two-Day **Ride On! Training Programs**

- ▶ **Denver, Colorado**  
July 31 - August 1
- ▶ **Ontario, Canada**  
May 1 - 2
- ▶ **Vancouver, BC**  
June 23 - 24
- ▶ **Alberta, Canada**  
October 9 - 10

# 2008

## Location Details

### Denver

Red and Jerry's Event Center  
(directly across from our facility)  
1840 W. Oxford Avenue  
Englewood, Colorado 80110

### Ontario

Doubletree International Plaza Hotel  
Toronto Airport  
655 Dixon Road  
Toronto, Ontario M9W1J3

### Vancouver

Executive Hotel & Conference Center  
4201 Lougheed Highway  
Burnaby, British Columbia V5Y3Y6

### Alberta

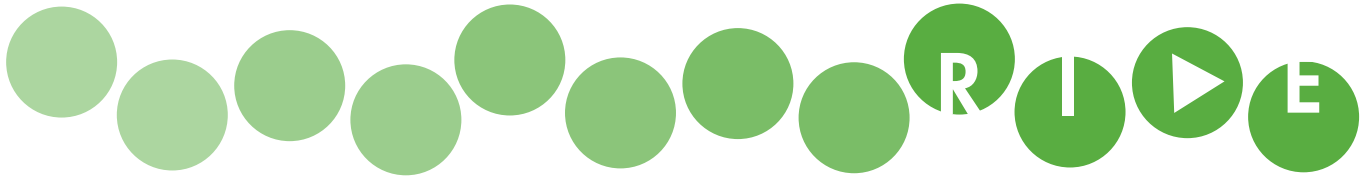
Red Dear  
Location to be determined

**This comprehensive wheelchair seating course will sharpen your skills regardless of the amount of experience you may or may not have. Even the most basic principles are presented in a new and compelling fashion. You will be challenged to reconsider how you think about postural control and skin care in the seated posture.**

**No matter what population you may serve, you are bound to discover some refreshing concepts and strategies to better address your clients' needs.**

Ride Designs and Aspen Seating incorporate a healthy dose of orthotic and prosthetic principles that give their products and services unique advantages over traditional seating options. No longer are you forced to choose between aggressive postural support and skin care as our approach tackles both issues without compromise.

Enrollment is limited to guarantee everyone individualized attention. Well structured hands-on activities with actual wheelchair users will foster the confidence needed to transfer what you have learned into your practice.



## Who should attend?

This two-day training program is designed for health care professionals (PT, OT, SLPs, etc.) and suppliers who are directly involved in the recommendation and provision of wheeled mobility and seating products.

## General Information

Ride Designs' seating systems utilize a blend of orthotic, prosthetic and traditional seating approaches to provide lightweight, breathable, adjustable, seating systems unlike anything available in today's market.

This two-day course is designed to educate therapists and rehab technology suppliers in both traditional and orthotic and prosthetic influenced approaches to wheelchair seating.

Successful course completion of both days is required to become a Certified Ride Custom Cushion Practitioner or Supplier. Day one attendance is offered for those interested in seating principles and Ride Forward and Corbac provision.

## Earn CEUs

The University of Pittsburgh is certifying the educational contact hours of this program and by doing so is in no way endorsing any specific content, company, or product. The information presented in this program may represent only a sample of appropriate interventions.

**1.3 Continuing Education Units (CEUs) will be awarded to individuals for attending 13.25 hours (both days) of instruction.**

## Course Objectives

**Day One** participants will:

1. Develop an understanding of the use of orthotic and prosthetic based seating principles and wheelchair set-up to address:
  - a. Pelvic control and correction relative to the three pelvic tendencies: posterior, anterior, lateral/rotational
  - b. Trunk control, balance, and correction relative to the pelvic tendency.
2. Define the concept of "force/load isolation" as an alternative to pressure distribution for skin protection in the seated posture.
3. Perform a sitting and supine mat evaluation to establish orthopedic status including flexibility, tolerance of correction, and control for neurological condition.
4. Use evaluation findings to define seating goals and set generic parameters using AMOS (Angles, Materials, Orientation and Shape).
5. Understand the importance of seating simulation, matching equipment appropriately, fitting, training, and follow-up
7. Demonstrate competency in evaluating and fitting:
  - a. Ride Forward Cushions and Corbac back supports.
  - b. Ride Evaluator Cushions as one mechanism for ordering Ride Custom Cushions.

**Day Two** participants will:

1. Be able to list three or more secondary disabilities associated with the wheelchair user aging with a disability.
2. Name the five core reasons why conventional custom contour technology has limited application for persons with skin integrity issues.
3. Demonstrate competency in fitting a Ride Custom Cushion.
4. Understand appropriate use of pressure mapping as it relates to Force Isolation.
5. Demonstrate competency in capturing the shape of an individual in the Ride Designs simulator.

Participants that successfully complete both days will become Certified Ride Designs Custom Cushion Practitioners or Suppliers.



## Presenters

### Tom Hetzel, PT, ATP

Tom has played a critical role in the wheeled seating and mobility industry since 1987. Prior to joining Aspen Seating, Tom consulted and educated on wheeled seating and mobility both domestically and internationally as the Product and Education Manager for Jay Medical and Sunrise Medical and through his own company, Humanity over Technology.



### Stephen Bourne, Kin, ATP

Steve joined Ride Designs as the Canadian Product Manager in 2006. Steve has been actively involved in the prescription and application of wheeled seating and mobility devices since 2000 as a rehab equipment specialist in Vancouver, B.C. He gained a reputation as an area leader in supporting individuals of all ages and disabilities. He received his BSc. in Kinesiology from Simon Fraser University in 1995, and started work as a kinesiologist developing and implementing physical rehabilitation programs, primarily for return to work. He has extensive experience in coaching young athletes.

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## Course Agenda

### Day One

8:30 - 9:00 am	Registration
9:00 - 10:30	Why do people sit as they do, and how can you influence improvement? <ul style="list-style-type: none"> <li>Advanced principles of biomechanics utilizing orthotic and prosthetic principles.</li> </ul>
10:30 - 10:45	Break
10:45 - 12:15 pm	Biomechanics (continued)
12:15 - 1:00	Lunch (provided)
1:00 - 2:30	Seating and mobility evaluation lab session.
2:30 - 2:45	Break
2:45 - 4:30	Seating simulation hands-on lab practical using Ride cushions and back supports
4:30 - 4:45	Introduction to Aspen Seating
4:45 - 5:00	Q&A and adjourn

### Day Two

9:00 - 9:30	Custom contour approach... when, where, why, and how
9:30 - 10:30	How to fit the Ride Custom Cushion
10:30 - 10:45	Break
10:45 - 11:15	Use of pressure mapping during fitting and evaluation of Ride cushions
11:15 - 12:15	Hands-on lab – How to capture shapes in the Ride Simulator
12:15 - 1:00	Lunch (provided)
1:00 - 4:30	Hands-on lab – Client evaluations and shape capture
4:30 - 4:45	Q&A/adjourn

# Ride On! Two-Day Training Course Registration Fee

All prices are US dollars.

Single RTS Registrant (includes a Medium Ride Kit and three referral source tuitions) .....	\$600.
2-3 RTSs from one supplier: (includes a large Ride Kit and three referral source tuitions) .....	\$850.
4-5 RTSs from one supplier: (includes a large Ride Kit and three referral source tuitions) .....	\$950.
RTS from existing Ride Designs authorized/certified Supplier .....	\$ 60.
Therapist/health care professional/referral source .....	\$ 60.
Day one only .....	\$ 30.

## Registration Form

(Please keep a copy of this form for your records.)  
Registration should be received two weeks prior to training date.

### Course

- Ontario: May 1 - 2                       Denver: July 31 - August 1  
 Vancouver, B.C.: June 23 - 24       Alberta: October 9 - 10

### Day One only

### Supplier Registration

Name and credentials (as it will appear on certificate):

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

Company name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### Referral Source Registration

Name and credentials (as it will appear on certificate):

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_

Facility name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

## Registration Submission

By phone: 866.781.1633

By fax: 303.781.1722

By mail: Ride Designs, 4211-G South Natches Court, Sheridan, CO 80110

### Payment — Due at time of registration.

Total Payment Amount: \$ \_\_\_\_\_

Payment Method:  Check  
(payable to Ride Designs)

- Credit card:  
 Master Card  
 Visa

Name (as it appears on card): \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date (mm/yy): \_\_\_\_\_



Ride Designs' standard products are distributed in Canada by:

### **Dynamic Health Care Solutions**

325 Healey Road, Unit 4, Bolton, Ontario L7E 5C1

Tel: 1.866.875.2877 / 905.951.8541

Fax: 1.866.875.2878 / 905.951.7785

www.dynamichcs.com



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